

# Thompson Community Recreation Center

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1189 Dennison Ave. Columbus, OH 43201  
(614) 645-3082  
Center Manager: Lance Barber



## 2015 Fall (1) Program Session

Registration: Sept. 1 - Sept. 4, 2015

Session: Sept. 9 - October 24, 2015

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### Hours of Operation:

Sunday - Closed

Monday - Closed

Tuesday - 12:00pm to 9:00pm

Wednesday - 3:00pm to 9:00pm

Thursday - 12:00pm to 9:00pm

Friday - 12:00pm to 9:00pm

Saturday - 9:00am to 6:00pm

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[WWW.COLUMBUSRECPARKS.COM](http://WWW.COLUMBUSRECPARKS.COM)

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THE CITY OF  
**COLUMBUS**  
MICHAEL B. COLEMAN, MAYOR

RECREATION AND PARKS  
DEPARTMENT



*This institute is an equal opportunity provider and employer.*

## Tuesday

Time	Class	Age	Course #	Instructor	Fee
1:00pm - 8:00pm	Open Studio Ceramics	Experienced Adults	32989	Zeller	FREE
1:30pm - 3:00pm	Men's Wellness	18+	33072	Rendina	FREE
1:30pm - 2:30pm	Men's Boxing Fitness	18+	33074	Douglas	FREE
1:30pm - 3:30pm	Recycled Art	13 - Adult	33099	Zeller	\$10 Mat. Fee
4:00pm - 5:00pm	Parent-Child Recycled Art	6-12 yrs w/parent	33100	Zeller	\$10 Mat. Fee
5:00pm - 5:45pm	Little Dribblers Basketball	4 - 6 years old	33075	Davis	FREE
6:00pm - 8:45pm	Boxing Team	8 - Adult	32987	Douglas	\$20/\$10 Mat.Fee
6:00pm - 7:00pm	Tennis Skills and Drills	8 - 16 years old	33076	Davis	FREE
6:30pm - 8:30pm	Beading, Jewelry & Embellishment	Adult	33107	Zeller	Mat. Fee TBD
6:30pm - 8:00pm	Qi Gong (Chinese Yoga)	18+	33093	Rendina	\$25
6:30pm - 8:00pm	Qi Gong (Chinese Yoga) Day Session	18+	33094	Rendina	\$5
7:15pm - 8:30pm	Ice Hockey Team Conditioning	8 - 17 years old	33066	Mitchell	FREE

## Wednesday

Time	Class	Age	Course #	Instructor	Fee
3:30pm - 5:00pm	Teen Basketball Open Gym	13 - 19 years old	33039	Staff	FREE
4:00pm - 5:00pm	Parent-Child Paper Art	3-5 yrs old w/parent	33108	Zeller	\$5 Mat. Fee
5:00pm - 6:00pm	Baseball Skills and Drills	6 - 12 years old	33087	Davis	FREE
5:45pm - 7:15pm	Hapkido Martial Arts	18+	33089	Paul	FREE
6:00pm - 7:00pm	Basketball Skills and Drills	7 - 12 years old	33088	Davis	FREE
6:00pm - 8:45pm	Boxing Team	8 - Adult	32987	Douglas	\$20/\$10 Mat.Fee
6:00pm - 8:45pm	Open Studio Ceramics	Experienced Adults	32989	Zeller	FREE
6:30pm - 8:30pm	Sewing and Quilting	10 - Adult	33113	Zeller	Mat. Fee TBD
7:00pm - 9:00pm	Adult Dodgeball	18+	33011	Ely	FREE
7:15pm - 8:45pm	Capoeira	18+	33096	Lerch	\$35
7:15pm - 8:45pm	Capoeira Day Session	18+	33097	Lerch	\$10
7:30pm - 8:45pm	Fundamentals of Weight Training	14 - Adult	33086	Davis	FREE

## Thursday

Time	Class	Age	Course #	Instructor	Fee
12noon - 2:00pm	Adult Open Gym	18+	33095	Davis	FREE
1:00pm - 8:00pm	Open Studio ceramics	Experienced Adults	32989	Staff	FREE
1:30pm - 3:30pm	Afternoon Polymer Clay	18+	33124	Zeller	\$10 Mat. Fee
4:00pm - 5:00pm	Parent-Child Recycled Art	3-5 yrs old w/parent	33128	Zeller	\$10 Mat. Fee
5:30pm - 6:30pm	Parenting & Wellness Support	Adult Females	33070	CPH	FREE
6:30pm - 7:30pm	Women's Fitness Zumba	18+	33069	CPH	FREE
6:00pm - 8:45pm	Boxing Team	8 - Adult	32987	Douglas	\$20/\$10 Mat.fee
7:15pm - 8:30pm	Ice Hockey Team Conditioning	8 - 17 years old	33066	Mitchell	FREE
6:30pm - 8:30pm	Evening Polymer Clay	10 - Adult	33131	Zeller	\$10 Mat. Fee

## Friday

Time	Class	Age	Course #	Instructor	Fee
12noon - 3:00pm	Adult Open Gym	20+	33063	Davis	FREE
1:30pm - 3:30pm	Jewelry Making w/paper, fabric beads	12 - Adult	33132	Zeller	\$10 Mat. fee
1:00pm - 8:00pm	Open Studio ceramics	Experienced Adults	32989	Staff	FREE
4:00pm - 5:00pm	Parent Child Art	3-5 yr. old w/parent	33133	Zeller	\$10 Mat. fee
4:00pm - 6:00pm	Teen Basketball Open Gym	13 - 19 years old	33042	Davis	FREE
6:00pm - 8:45 pm	Boxing Team	8-Adult	32987	Douglas	\$20/\$10 Mat.fee
6:30pm - 8:30 pm	Paper Making	12 - Adult	33134	Zeller	\$10 Mat. Fee
7:30pm - 8:45pm	Fundamentals of Weight Training	14 - Adult	33086	Davis	FREE
7:00pm - 8:30pm	Boy Scouts of America	6 - 18 years old	CallforInfo	BSOA	TBD

## Saturday

Time	Class	Age	Course #	Instructor	Fee
9:30am - 3:00pm	Boxing Team	8 - Adult	32987	Douglas	\$20/\$10 Mat. fee
10 am - 4:00pm	Open Studio Ceramics	Experienced Adults	32989	Zeller	FREE
2:00pm - 4:00pm	Teen Basketball Open Gym	13 - 19 years old	33038	Davis	FREE
2:00pm - 4:00pm	Holiday Wreath and Door Décor	Adults	33135	Zeller	Mat. Fee TBD
2:00pm - 4:00pm	Open Martial Arts	18+	33062	Dennis	FREE
4:00pm - 6:00pm	Adult Open Gym Basketball	20+	33047	Davis	FREE

Thompson Health Fair in Partnership  
with Columbus Public Health and the  
James Center at Ohio State University

Saturday, October 3 11am – 2pm  
Outdoor and Indoor Activities. Children  
and their families are welcome

Free personal health items available,  
arts, crafts, many local and national  
health organizations will be represented,  
and fitness demonstrations.

## Thompson Fitness Pass

\$15 per session (\$60 per year)  
\$10 per session for 50+ (\$40 per year)  
Free 14 - 17 years old (must have adult with  
them to use the fitness/cardio room)

We accept cash, checks, and cards. The  
fitness room is open the same hours as the  
building. The fee includes the fitness room  
and cardio room

### Fitness Pass Session Dates

Summer  
Fall 1

June 8 –August 28  
Sept. 1 – Oct. 31

### JOIN THE Thompson Community Recreation Council (CRC)

The CRC is a group of individuals responsible for fundraising and helping to  
make decisions, both financially and creatively, for their specific recreation  
center. They help to develop a fun, educational, safe, and beautiful community  
space for all to enjoy. For more information call Lance at 614-645-3082.

Meetings are held at Thompson on the first Thursday of the month at 7pm.

## Thompson Halloween Party

Friday, October 23 6pm – 8pm at  
the Thompson Community Recreation Center

Come join us at 6pm for FREE candy,  
Freaky Face Painting, Creepy Crafts,  
Haunted House, and Ghoulish Games.

Come in costume or not

Children 12 and under are welcome with their family



### **2015-16 Thompson Co-ed SOCCER**

\$55 per player from 8/1/15 - 8/21/15

Ages 4–12 as of August 1 2015

Covers uniform shirt, shorts, socks, award, and end-of-season banquet

\*make checks payable to: "Thompson CRC"

For more information call us at 614-645-3082

**VOLUNTEER COACHES NEEDED**



# Thompson Boxing Program



Participants who want to train to get in the ring or just for fitness are welcome **Monday–Friday; 6:00pm–8:00pm**

8-17 years old Material Fee: \$10 per session (cash or check only)  
 18 years old and over Material Fee: \$20 per session (cash or check only)  
 Fall 1 Session August 31 – October 31

Coach James “Buster” Douglas

## Important Dates

Thompson closed week of:	Aug. 24
Fall 1 Course Reg Beg.	Sept. 1
Thompson CLOSED	Sept 8
Fall 1 Courses Beg.	Sept. 9
Thompson CLOSED	Oct. 13
Halloween Party 6pm	Oct. 23
End of Fall 1 Courses	Oct. 24
Fall 2 Course Reg.	Oct. 27
Fall 2 Courses Beg.	Nov. 3

### Thompson Recreation Center Staff

Lance Barber	Center Manager
Ann Zeller	Recreation Supervisor
Zack Davis	Recreation Leader
James “Buster” Douglas	Boxing Coach
Allen Walker	Custodian
Mike Morgan	Recreation Assistant
OSU Work Study	

## Thompson Fitness Pass

\$15 per session (\$60 per year)  
 \$10 per session for 50+ (\$40 per year)  
 Free 14 - 17 years old (must have adult with them to use the facility)

We accept cash, checks, and cards. The fitness room is open the same hours as the building.  
 The fee includes the fitness room and cardio room

### Fitness Pass Session Dates

Fall 1	September 1 – October 31
Fall 2	November 3 – December 30

Walking Jamboree Friday, October 2, 2015 8:30 am-12 noon Smith Farms  
 Registration starts at 8:30 am; walking begins at 9 am. Take a 1, 2.5, or 4 mile walk.  
 After the walk, join us for line dancing, hayrides, and fun.  
 Call 614-645-3151 for more information

### Empty Bowls

Saturday, November 14, 2016

Pay \$10 for homemade soup, bread and water and receive a handmade ceramic bowl.

All proceeds from the event benefit the Central Ohio Food Bank.

**Come to Thompson and learn to make bowls. Keep one and donate others to Empty Bowls**

**Call Ann at 614-645-3082 for more information.**

**Mark your calendar and watch for information about the Fall Harvest Festival at Smith Farms on October 3.**